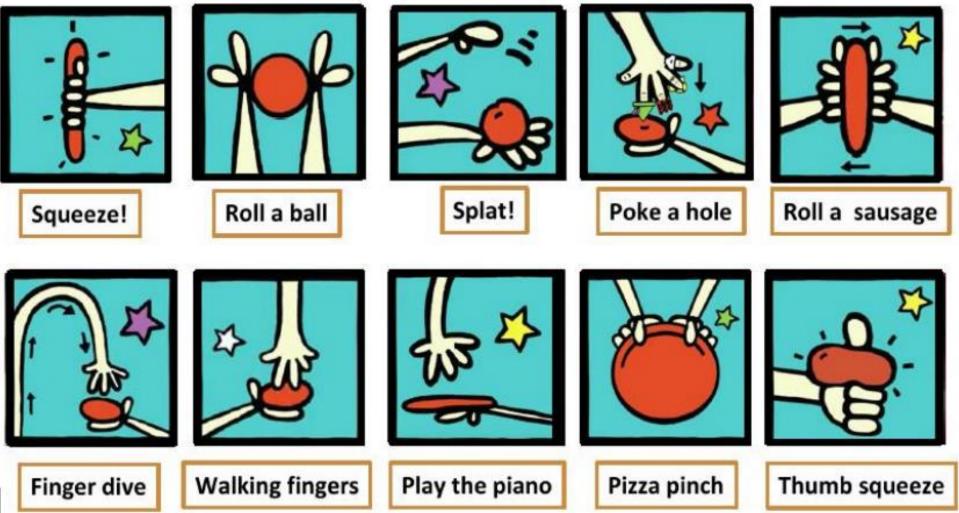
Dough Disco moves

These moves to help to strengthen our fingers ready for writing





Why don't you try these moves at home.

- 1. Share the playdough between yourself and your child (click the other link to find an easy playdough recipe)
- 2. Put on some fun music
- 3. Practise each move one at a time. Don't forget to use both hands.