



Franché Community Primary School Supporting Families & Wellbeing Newsletter - May 2024

This newsletter includes the following:

- Parenting: Keeping Children Safe Online
- New Family Support Worker Drop-in date
- EMHP Wellbeing Drop-in date
- Starting Well Support
- Food Bank Information
- Franché Supporting Families Offer

Keeping Children Safe Online

Snapchat and TikTok

A Parent's Guide to Cyberbullying



scan the QR code with your phone's camera for Parent's Guides on how to help keep your children safe online

Many young people who are victims of cyberbullying suffer in silence.

They feel they can't turn to parents or a trusted adult for support as they fear they may get in trouble or have their devices taken away from them. It can carry on all day, all evening and all weekend for the world to see, causing a lot of emotional stress to the victim and their family.



It can very quickly lead to the victim feeling trapped, scared and vulnerable to grooming and blackmail.



Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipssed.com Tel: +44 121 227 1941

Developed in partnership with



Family Support Worker



1 - Jane Milligan

Jane Milligan is employed by Kidderminster Baptist Church and she is working hard to build and grow stronger families within our community. Jane has a wealth of experience in helping families with time, advice and support. If you would like support with parenting, housing, finance, SEND or when with the 'ups and downs' of family life get too much, please do get in touch.

Jane is on school site every Tuesday morning between 8.45am and 10.45am. If you would like confidential support from Jane to support behaviour strategies, parenting or simply a listening ear, please do get in touch and Paula or Sarah who will book you a confidential meeting with Jane.

To book some time with Jane, please contact Paula Woodward on 01562 751788

EMHP (NHS Education Mental Health Practitioners) Drop-in



For children experiencing anxiety, low-mood, thought challenges, panic disorders, simple phobias or problems sleeping where school based support has not been quite enough, the wellbeing team are able to make a referral to the EMHP team. Stacey Pritchard, Hannah Salsby and Amy Murphy work in school every week to support children and families. The referral process is confidential. If you have concerns for your child please get in touch with Paula Woodward or Sarah French (01562 751788) who will talk through your concerns and support a referral to the team.

We also offer a drop-in service for parent/carers to have a brief chat about any wellbeing concerns for children and receive some on the spot advice.

The next drop in is: 5th June 2024 between 8.30 and 10am.

To book please contact Paula Woodward or Sarah French on 01562 751788

Starting Well



Starting well Partnership
Wyre Forest

The Parenting Team are holding some workshops at Half Crown Wood Family. There are sessions to support sleep, fussy eaters and understanding your child

Summer Timetable

Summer 2024	Monday	Tuesday	Wednesday	Thursday	Friday	
Brookside Family Hub Borrington Rd, Kidderminster, WORCS, DY10 3ED	Well Child Clinic Please call to book.	Midwife Clinic Appointments	Midwife Clinic Appointments	Midwife Clinic Appointments	Speech & Language Appointments 9am-3pm	
	Stay, Weigh & Play 0 - 5 years 9:30 - 11am	Breast Buddies Peer Support group 10 - 11:30am	Birth & Beyond Preparation for parenthood 9:30 - 11:30am (running in May and July)		Time for Baby stay & play <i>Non-movers</i> 10 - 11am Term time only	Understanding your Baby Group for parents with babies aged 0-6mths <i>*baby massage*</i> 10am - 12pm 21/6 - 16/8
	Understanding your Teen Group for parents 5 - 7pm 22/4 - 01/7	Birth & Beyond Preparation for parenthood 4 - 6pm (running in April and June)	SEN Peer Support group For Parents/ carers 10/04, 24/04, 08/05, 22/05, 12/06, 26/06 9:30 - 11am	Time for Me For Parents/ carers 03/04, 01/05, 15/05, 05/06, 19/06 12 - 1pm		
Half Crown Wood Family Hub Princess Way, Stourport-on-Severn, WORCS, DY13 0EL	Speech & Language Appointments 9am - 3pm Drop in to a Talking Walk-in session 2nd Monday of the month 11:30am - 12:30pm	Midwife Clinic Appointments	Well Child Clinic 9 - 11:30am Please call to book	Midwife Clinic Appointments		
	Community Groups & Activities			Understanding your Child with Additional Needs Group for parents St Mary's C of E School, Stoney Ln, Kidderminster DY10 2LX 1 - 3pm 22/4 - 08/7	Understanding your Child with Additional Needs Group for parents Kidderminster Health Centre, Bromsgrove St, Kidderminster DY10 1PG 12 - 2pm 23/4 - 09/7	Understanding your Teen: Group for parents The Stourport High School and Sixth Form Centre, Minster Rd, Stourport-on-Severn DY13 8AX 11am - 1pm 24/4 - 10/7
						Kinship Carers Group Half Crown Wood Family Hub 2nd Friday of the month 10:30am-12:30am

Kidderminster Food Bank and Franche Church Food Bank

If you need food bank support please contact Paula Woodward or the school office on 01562 751788. Referrals are confidential. You can also access this support through the job centre, citizen's advice, NHS services (including your GP) or social services. The Kidderminster Food Bank is a collection service and Franche Food Bank have the wonderful capacity to deliver to families who are not able to get to town.

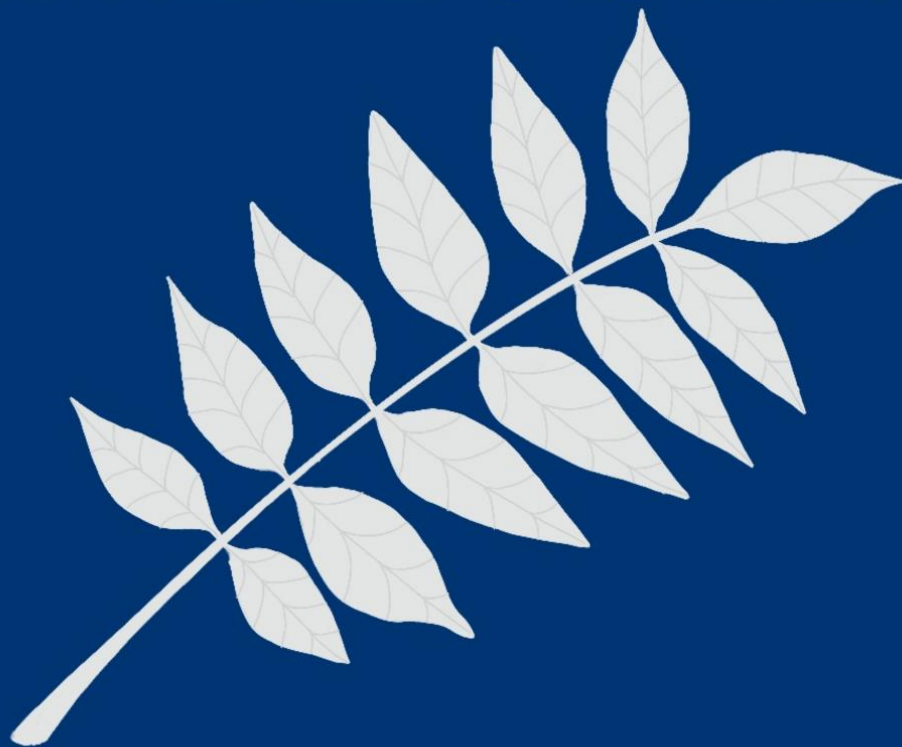
The food banks aim to make sure that no one in our local community has to go hungry, but they do need help to make this happen. Any gift of financial support, time, business partnership or donations of food can make a real difference.

Kidderminster Food Bank, Unit 9, Swan Shopping Centre, Blackwell Street, Kidderminster

Franche Church Food Bank, Chestnut Grove, Kidderminster

Franch Community Primary School Supporting Families Offer

FRANCHE



COMMUNITY
PRIMARY

Our Franche Community Primary School Supporting Families offer is accessible on our school website. This offer contains lots of information about early help support for families. If you have any concerns, need a cup of tea and a chat, or a bit of support please do get in touch with Paula Woodward and the Wellbeing Team on 01562 751788.

Link: [Supporting Families Offer](#)