



Supporting Families & Wellbeing Newsletter Summer 2025

This newsletter includes the following:

- Keeping your children safe

Free Activities for the Summer:

- Worcestershire Hubs Wyre Forest
- Kidderminster District Youth Trust (KDYT)
- Family GeoFest
- Wyre Forest Stick Man Activities
- HAF Summer Activities

Parenting and Wellbeing Support:

- MELO (emotional/mental health support)
- Reach4Wellbeing
- Gingerbread (support for single parents)
- Too Good to Go (Food Bags)
- Food Bank
- NHS Talking Therapies
- Keeping children safe online
- Safe messaging APP for children

- Helpline Numbers
- Franche Wellbeing Team

Keeping your child safe:

The Safeguarding Team have been made aware of ongoing issues at White Wickets park over recent weeks which include anti-social behaviour from school aged children, children being threatened and physically hurt, children smoking weed and children trying to force other children to give them their mobile phone. We have also been made aware of drug addicts frequenting White Wickets at 3.15pm who have been seen preparing drugs.

Please ensure that your child/children are well supervised by a responsible adult at all times.

If you have any concerns contact the police on 101 (non-emergency) or 999 (for an emergency).

Kidderminster North Safer Neighbourhood Police

Link: [West Mercia Kidderminster North Contact Us](#)

West Mercia Police

Link: [West Mercia Contact Us](#)

If you have concerns that a child is at immediate risk of harm, contact Children's Social Services: 01905 822666

Link: [Worcestershire Children's Services](#)

If you have concerns about a child's safety or wellbeing, you can report and seek support through the NSPCC.

Link: [NSPCC - report concerns about a child](#)

Worcestershire Hubs Wyre Forest



Summer Events at Kidderminster, Stourport and Bewdley libraries for children aged 0 - 5 years old.



- **Stourport Library on Monday 4th August 1.00 - 2.30**
Making Mini Beasts! An insect story and making mini beast models out of clay
- **Bewdley Library on Monday 13th August 11.00 - 12.00**
Making Mini Beasts! An insect story and making mini beast models out of clay
- **Kidderminster Library on Wednesday 20th August 10.00 - 11.30**
Creative Castles - Junk Modelling. A story and make a castle out of recycled materials.

Families with Children aged 0-5 years, siblings welcome.

www.worcestershire.gov.uk/FamilyHubs



Wyre Forest Worcestershire Hubs are holding a range of events and group sessions over the summer.

Each image displays the activities planned week-by-week and include SEND peer support groups, stay and play, time for baby, Men United (group for Dads and male caregivers) and speech and language sessions. (tap each image to enlarge).

SUMMER Week One

WORCESTERSHIRE
FAMILY HUBS

Mon 21 st July	Tue 22 nd July	Wed 23 rd July	Thu 24 th July	Fri 25 th July
Stay and Play at BROOKSIDE 9.30 - 11.00 Suitable for babies and children aged 0 - 5 years No need to book, just turn up!	Breast Buddies Peer Support Group at BROOKSIDE 10.00 - 11.30 For more information please email: whohs.breastfeeding.support@nhs.net	Birth and Beyond at BROOKSIDE 9.30 - 11.30 A 4 week preparation for parenthood group for first-time parents. Please call to book; 01562 827207	Time for Baby Stay and Play at BROOKSIDE 10 - 11 am A postnatal stay and play group for newborn and non-movers and parents/carers. No need to book, just turn up!	Some groups and services are provided by external partners/agencies and are subject to change.
Well Child Clinic at BROOKSIDE 9.30 to 3.00 Bookable appointment with a Community Nursery Nurse To book call 01905 520032	Men United Dad's and Male Carers Peer Support Group at BROOKSIDE 1.00 - 3.00 No need to book, just turn up!	SEND Peer Support Group at BROOKSIDE 1.00 - 2.30 For parents/carers of children and young people with additional needs, PARENTS/CARERS ONLY	Stay, Weigh & Play at HALF CROWN WOOD 1.00 - 2.30 Suitable for babies and children aged 0 - 5 years. No need to book, just turn up!	
Speech & Language at HALF CROWN WOOD Booked Appointments				
Family Hubs - Wyre Forest More info: worcestershire.gov.uk/familyhubs				

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SUMMER Week Two

WORCESTERSHIRE
FAMILY HUBS

Mon 28 th July	Tue 29 th July	Wed 30 th July	Thu 31 st July	Fri 1 st August
Stay and Play at BROOKSIDE 9.30 - 11.00 Suitable for babies and children aged 0 - 5 years No need to book, just turn up!	Breast Buddies Peer Support Group at BROOKSIDE 10.00 - 11.30 For more information please email: whohs.breastfeeding.support@nhs.net	LICKHILL PLAY DAY Lickhill Memorial Park 11.00 - 2.00 BRING YOUR OWN PICNIC	Time for Baby Stay and Play at BROOKSIDE 10 - 11 am A postnatal stay and play group for newborn and non-movers and parents/carers. No need to book, just turn up!	Speech & Language at BROOKSIDE Booked Appointments
Well Child Clinic at BROOKSIDE 9.30 to 3.00 Bookable appointment with a Community Nursery Nurse To book call 01905 520032	Men United Dad's and Male Carers Peer Support Group at HALF CROWN WOOD 10.00 - 12.00 No need to book, just turn up!		Stay, Weigh & Play at HALF CROWN WOOD 1.00 - 2.30 Suitable for babies and children aged 0 - 5 years. No need to book, just turn up!	
Family Hubs - Wyre Forest More info: worcestershire.gov.uk/familyhubs				

Some groups and services are provided by external partners/agencies and are subject to change.

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SUMMER Week Three

WORCESTERSHIRE
FAMILY HUBS

Mon 4 th August	Tue 5 th August	Wed 6 th August	Thu 7 th August	Fri 8 th August
Stay and Play is NOT running today	Breast Buddies Peer Support Group at BROOKSIDE 10.00 - 11.30 For more information please email: whohs.breastfeeding.support@nhs.net	Birth and Beyond at BROOKSIDE 9.30 - 11.30 A 4 week preparation for parenthood group for first-time parents. Please call to book; 01562 827207	Time for Baby Stay and Play at BROOKSIDE 10 - 11 am A postnatal stay and play group for newborn and non-movers and parents/carers. No need to book, just turn up!	Speech & Language at BROOKSIDE Booked Appointments
Well Child Clinic at BROOKSIDE 9.30 to 3.00 Bookable appointment with a Community Nursery Nurse To book call 01905 520032	Hungry Caterpillar Trail The Green, Linden Ave, The Walshes, Stourport 1.30 - 15.00		Stay, Weigh & Play at HALF CROWN WOOD 1.00 - 2.30 Suitable for babies and children aged 0 - 5 years. No need to book, just turn up!	
Speech & Language at HALF CROWN WOOD Booked Appointments	Men United Dad's and Male Carers Peer Support Group at BROOKSIDE 1.00 - 3.00 No need to book, just turn up!			
Self Weigh at Stourport Library 11.00 to 12.00				
Summer Event at Stourport Library 1.00 to 2.30				
Family Hubs - Wyre Forest More info: worcestershire.gov.uk/familyhubs				

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SUMMER Week Four

WORCESTERSHIRE
FAMILY HUBS

Mon 11 th August	Tue 12 th August	Wed 13 th August	Thu 14 th August	Fri 15 th August
Stay and Play at BROOKSIDE 9.30 - 11.00 Suitable for babies and children aged 0 - 5 years No need to book, just turn up!	Breast Buddies Peer Support Group at BROOKSIDE 10.00 - 11.30 For more information please email: whcns.breastfeeding.support@nhs.net	Birth and Beyond at BROOKSIDE 9.30 - 11.30 Please call to book: 01562 827207	Time for Baby Stay and Play at BROOKSIDE 10 - 11 am A postnatal stay and play group for newborn and non-movers and parents/carers. No need to book, just turn up!	Some groups and services are provided by external partners, agencies and are subject to change
Well Child Clinic at BROOKSIDE 9.30 to 3.00 Bookable appointment with a Community Nursery Nurse To book call 01905 520032	Men United Dad's and Male Carers Peer Support Group at HCW 10.00 - 12.00 No need to book, just turn up!	Well Child Clinic at HALF CROWN WOOD 9.30 - 11.30 Bookable appointment with a Community Nursery Nurse To book call 01905 520032	Stay, Weigh & Play at HALF CROWN WOOD 1.00 - 2.30 Suitable for babies and children aged 0 - 5 years. No need to book, just turn up!	
	Hungry Caterpillar Trail Woodbury Road Park, Kidderminster 12.00 - 13.30	Self Weigh at Bewdley Library 10.00 to 11.00		
		Summer Event at Bewdley Library 11.00 to 12.00		
		Twin Time at BROOKSIDE 1.00 to 2.30 A group for twins and multiples, no need to book, just turn up!		

f Family Hubs - Wyre Forest
More info: worcestershire.gov.uk/familyhubs

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SUMMER Week Five

WORCESTERSHIRE
FAMILY HUBS

Mon 18 th August	Tue 19 th August	Wed 20 th August	Thu 21 st August	Fri 22 nd August
Stay and Play at BROOKSIDE 9.30 - 11.00 Suitable for babies and children aged 0 - 5 years No need to book, just turn up!	Breast Buddies Peer Support Group at BROOKSIDE 10.00 - 11.30 For more information please email: whcns.breastfeeding.support@nhs.net	Birth and Beyond at BROOKSIDE 9.30 - 11.30 A 4 week preparation for parenthood group for first-time parents. Please call to book: 01562 827207	Time for Baby Stay and Play at BROOKSIDE 10 - 11 am A postnatal stay and play group for newborn and non-movers and parents/carers. No need to book, just turn up!	Some groups and services are provided by external partners, agencies and are subject to change
Well Child Clinic at BROOKSIDE 9.30 to 3.00 Bookable appointment with a Community Nursery Nurse To book call 01905 520032	Men United Dad's and Male Carers Peer Support Group at BROOKSIDE 1.00 - 3.00 No need to book, just turn up!	Summer Event at Kidderminster Library 10.00 - 11.30	Stay, Weigh & Play at HALF CROWN WOOD 1.00 - 2.30 Suitable for babies and children aged 0 - 5 years. No need to book, just turn up!	
Speech & Language at HALF CROWN WOOD Booked Appointments	Birth and Beyond Summer Reunion at BROOKSIDE 1.00 - 2.30			

f Family Hubs - Wyre Forest
More info: worcestershire.gov.uk/familyhubs

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SUMMER Week Six

WORCESTERSHIRE
FAMILY HUBS

Mon 25 th August	Tue 26 th August	Wed 27 th August	Thu 28 th August	Fri 29 th August
BANK HOLIDAY FAMILY HUBS CLOSED	Breast Buddies Peer Support Group at BROOKSIDE 10.00 - 11.30 For more information please email: whcns.breastfeeding.support@nhs.net	Birth and Beyond at BROOKSIDE 9.30 - 11.30 A 4 week preparation for parenthood group for first-time parents. Please call to book: 01562 827207	Time for Baby Stay and Play at BROOKSIDE 10 - 11 am A postnatal stay and play group for newborn and non-movers and parents/carers. No need to book, just turn up!	Some groups and services are provided by external partners, agencies and are subject to change
	Men United Dad's and Male Carers Peer Support Group at HALF CROWN WOOD 1.00 - 3.00 No need to book, just turn up!	SEND Peer Support Group at BROOKSIDE 1.00 - 2.30 For parents/carers of children and young people with additional needs. PARENTS/CARERS ONLY	Stay, Weigh & Play at HALF CROWN WOOD 1.00 - 2.30 Suitable for babies and children aged 0 - 5 years. No need to book, just turn up!	
		Twin Time at BROOKSIDE 1.00 to 2.30 A group for twins and multiples, no need to book, just turn up!		

f Family Hubs - Wyre Forest
More info: worcestershire.gov.uk/familyhubs

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Kidderminster District Youth Trust (KDYT)



Kidderminster District Youth Trust (KDYT) are running free supervised activities at White Wickets, Franche Road, Kidderminster DY11 5AL

Date: Friday, 15th August 2025

Time: 12 noon - 3pm

Cost: Free Entry

'The Kidderminster and District Youth Trust (KDYT) will be travelling around the District again this summer. Come on down to White Wickets Park on Friday 15 August where they will be with their activity van full of games and activities for children and families.'

Family Geofest Craft Activities



This will be a wonderful free fun day for children of all ages, with plenty of activities hosted by @AbberleyandMalvernHillsGeopark.

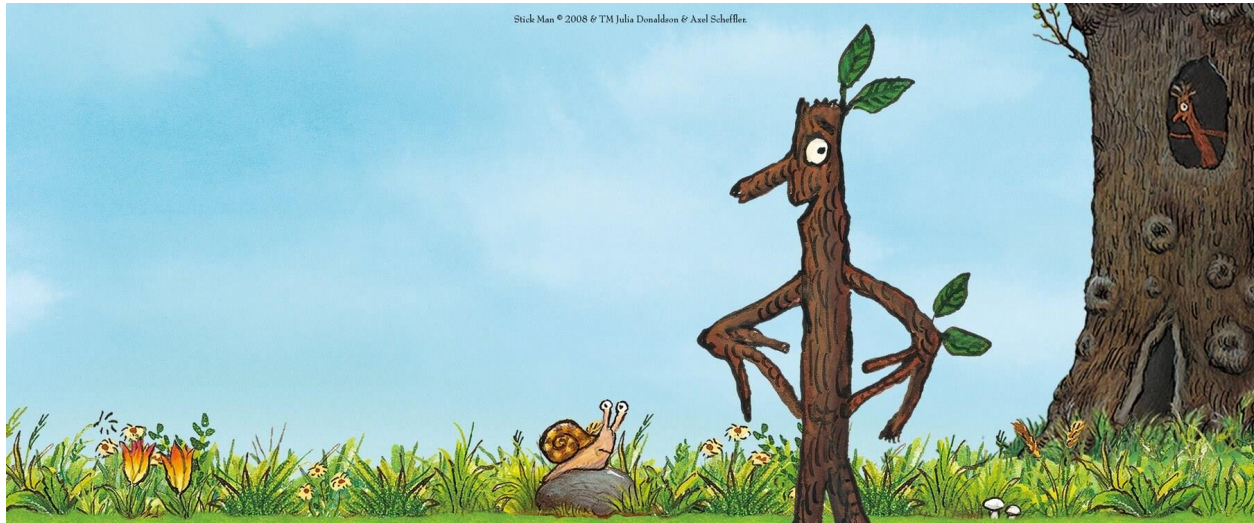
Dive into a range of fossil-themed crafts... get creative and learn about ancient life! We will also be running a Dinosaur Detective Trail all day which will take you out to our Quarry here at Wyre Forest. Once completed be sure to collect your Certificate and Free Crystal to take home with you! This is a free drop in session available at the Wyre Forest Discovery Centre located behind the café building. Please note the car park is pay and display with card payment only.

Date: Wednesday, 6th August 2025

Time: Two drop in sessions 11.30am - 12.30pm and 1.30pm - 3 pm.

Cost: Free Entry

Wyre Forest Stick Man Activities



Set off with a hop and twirl as you join Stick Man on his forest adventure.

The interactive family trail follows Stick Man on his journey as he tries to get back to the family tree. Enjoy the wonderful world of Stick Man as you complete lots of fun stick-based activities, discover tree-mendous facts and learn about forest wildlife.

Once you've helped Stick Man find his way back home, complete the rubbing in your adventure passport and take a picture with Stick Man in the family tree.

Stick Man trail pack

Before you set off, pick up an activity pack for just £4 from the Ranger's information pod or from the outdoor cafe. It's packed with fun activities to help you complete the trail.

Inside, you'll find:

- a Kraft bag to colour in.
- a Stick Man lanyard to wear.
- adventure stamp stickers.
- adventure passport cards to fill in and stick your stamps onto.
- pencil and crayon.
- a pipe cleaner to make your own Stick Man.

Special Stick Man appearance

Come along to meet Stick Man himself at our fun day! Stick Man will be appearing at various times throughout the day and there will be lots of Stick Man-themed activities on offer at Wyre Forest.

Date: Wednesday, 13th August 2025

Appearance times:

11am to 11.40am

12pm to 12.40pm

1.30pm to 2.10pm

2.30pm to 3.10pm

3.30pm to 4.00pm

The 3.30pm session will be a SEN session, designed to be quieter with less queues. This session will be for pre-booked visitors only, with limited spaces available.

To book, please email us at wyre@forestryengland.uk Please note that appearance times may be subject to change.

Cost: Free Entry

HAF Summer Activities



Make this summer unforgettable! As HAF returns for the school holidays, we're excited to share with you our provisions across Worcestershire - a mix of old favourites, new entries and absolutely, plenty to keep your children and young people entertained, engaged and excited for a summer of fun!

Each child receives 16 credits for the summer. One session/activity is 1 credit. You can of course change your mind once booked and cancel places that you wish to change/can no longer attend via your account. We ask that if you need to do this, please do so as soon as possible - your

unwanted place can no doubt be of benefit to another family. It's also worth noting, if you don't cancel, you won't receive a refunded credit to use elsewhere.

Stay updated on Facebook If you aren't yet following us on Facebook - get involved! Here you'll see useful information, latest news and updates, links to HAF providers and what's running where.

Link: [HAF Worcestershire 2025](#)

Link: [HAF What's on Guide](#)

Link: [Facebook HAF Worcestershire](#)

MELO





MELO have an innovative and flexible approach to promote wellbeing, build resilience, support emotional wellbeing and mental health in children and young people (aged 0 - 25 years old). Support can take place on a 1:1 basis or in small groups via bespoke activities to address specific concerns.

Families are able to self-refer or the Franche wellbeing team are very happy to support completion of a referral. Please get in touch with the wellbeing team if you would like to discuss further or be supported to complete a referral.

Self referral link: [MELO Referral](#)

MELO website for more information: [MELO](#)

Contact number: 01905 27525

Reach 4 Wellbeing



Reach4Wellbeing

The Reach4Wellbeing team supports and promotes the emotional wellbeing of young people and parent/carers through evidence based interactive online group programmes. They use a Cognitive Behavioural Therapy (CBT) informed approach for the Anxiety and Low Mood Skills Groups and a Dialectical Behaviour Therapy (DBT) informed approach for the Brief Emotional Resilience Skills Groups.

Programmes on offer:

- Parent/carers of children in school years – Reception (aged 5 years) to Year 2 - Little Explorers Anxiety Skills Group
- Parent/carers of children in school years - 3 to 6 STEPS4Wellbeing Anxiety and Low Mood Skills Group
- Parent/carers of children in school years – 3 to 6 BERG Brief Emotional Resilience Skills Group
- Young people in school years 7 to 13 - STEPS4Wellbeing Anxiety and Low Mood Skills Group
- Young people in school years 7 to 11 - BERG Brief Emotional Resilience Skills Group

More information can be found via the link below. If you would like to talk through this support, please speak to a member of the Wellbeing Team at school who are happy to support the referral process.

More information:

<https://camhs.hacw.nhs.uk/reach4wellbeing>



Gingerbread offer support and advice for single parents to get the right support at the right time. They advertise a forum as a safe place to meet other single Mums or single Dads in local or digital groups.

Confidential support is offered to talk about anything troubling or worrying families.

There is a huge amount of advice and support on the Gingerbread website: benefits, childcare, contact arrangements, cost of living, applying for a grant (to support things like food/replacement of white goods etc), housing, domestic violence and much more.

Link: [Gingerbread - find information](#)

Link: [Gingerbread - your community](#)

Too Good To Go



Morrisons:

£3.09 (worth £10.00) Kidderminster

'Your Surprise Bag could consist of a range of fruit, veg, bread and baked goods, cakes, deli, and/or cupboard items. Items may be past the Best Before/Display Until date, but will be perfectly good to eat. Allergens: The contents of your Surprise Bag will vary from day to day. Some foods will contain statutory allergens. Please bear in mind that due to the way we prepare food, it is possible other allergens may be present. If you would like to know the specific allergens present, please refer to the 'Allergy Advice' on the label.'

Costa:

£3.50 (worth £11.00) Silverwoods Way, Kidderminster

*'Take home a tasty array of treats from the UK's #1 Coffee Shop, from hearty sandwiches, toasties and salads, to yummy pastries and cakes. *Remember, the contents of your Surprise Bag depend on which items haven't sold that day, so it's a surprise until you pick it up. All items will be nearing their best before or use by date. Please note, the value of the contents will add up to £11 at full retail value.'*

Aldi:

£3.30 (worth £10.00) Green Street, Kidderminster

'Rescue a selection of grocery items, that could include fruit, vegetables, fish, meat, dairy, cakes, pastries and snacks. Remember, the contents of your Surprise Bag are a combination of available stock on the day, so its a surprise until you pick it up.'



1 - Scan the QR code to download the APP to reserve your 'too good to go' bag.

Food Bank



Kidderminster Food Bank don't think anyone in our community should have to face going hungry. That's why they provide three days' nutritionally balanced emergency food and support

to local people who are referred to them in crisis. The food bank are part of a nationwide network of food banks, supported by The Trussell Trust, working to combat poverty and hunger.

If you need food bank support please contact Paula Woodward or the school office on 01562 751788 during term-time. Referrals are confidential. During school holiday periods, you can also access this support through the Job Centre, Citizen's Advice, NHS services (including your GP) or Social Services.

The food bank aim to make sure that no one in our local community has to go hungry, but they do need help to make this happen. Any gift of financial support, time, business partnership or donations of food can make a real difference.

Kidderminster Food Bank, Unit 9, Swan Shopping Centre, Blackwell Street, Kidderminster

NHS Talking Therapies



Talking Therapies provides a range of free, confidential support to people aged 16 and over across Herefordshire and Worcestershire. Support may include: how to support your wellbeing, struggling for a couple of weeks or if you need urgent advice.

This includes:

- [Online therapy](#)
- [Groups and courses](#)
- [1:1 therapy](#)
- [Employment support](#)

Support can also help you find and access a variety of groups, courses and activities delivered by voluntary, charity and social enterprise providers that can support your physical and mental

wellbeing. [Self-help guides](#) are designed to help you understand how you are feeling, and cover a wide range of topics such as depression, anxiety and stress.

If you are experiencing something that makes you feel unsafe, distressed, or worried about your mental health, you can now contact the Herefordshire and Worcestershire 24 hour urgent mental health helpline by calling [NHS 111](#) and selecting the mental health option.

Link: <https://www.talkingtherapies.hwhct.nhs.uk/>

Keeping Children Safe Online



The online world is moving at a fast pace; children need guidance and support to keep themselves safe online. Parent/carers have a key role in keeping children safe online. At school we teach children that if they see anything inappropriate online or someone that they do not know tries to befriend or contact them they should close the lid/switch the device off and tell an adult.

Below are some easy to read information and advice sites to support families in keeping children safe online.

- The NSPCC have some fantastic guides and advice for parents which is broken down into under 5's, under 10's, pre-teens and children with SEND.

More information:

[NSPCC supporting children with the use of technology.](#)

- UK Internet Safety have a wealth of tips, advice and guides to support families keeping children safe online.

More information:

[Safety Internet tips, guides and advice.](#)

- ChildLine top tips for children are broken down into easily understood statements.

More information:

[ChildLine taking control of your online safety for children.](#)

- ChildLine provide a variety of ways for children and families to get support if they have concerns about their safety online.

More information:

[ChildLine ways to get support.](#)

- Parental Controls are important to ensure that children are not exposed to inappropriate content. With so many different devices and game consoles, setting parental control can seem daunting. The NSPCC have a good starting point to support families.

More information:

[NSPCC Parental Controls.](#)

Safe Messaging for Children



Stars is a private messaging platform tailored for children and families, with a PEGI 3 rating. It enables users to send messages, photos, videos, and voice recordings without requiring a phone number or access to a device's address book. Stars states it is a safe option for young people, it has a host of different safety features to help ensure that young people can avoid harmful content, strangers, and spam whilst messaging. The app says it is 'safe by design' stating that 'Instead of searching for people to add, users need their friend's username as well as their unique private Friend Code.'

More information: [A Guide to safe messaging using 'Stars'](#)

A collection of seven mobile phones from the early 2000s, arranged on a white surface. From left to right: a silver candy-bar phone with a blue screen and keypad; a silver flip phone with a small screen showing '1月26日(金) 1:54'; a black candy-bar phone with a green screen; a purple flip phone with a screen showing a sunset and the text 'LeJe'; a silver candy-bar phone with a small screen; a silver flip phone with a screen showing '1700'; and a black candy-bar phone with a screen showing '1700'. The phones are of various brands and models, including Motorola, Samsung, and LeJe.

Mankind Initiative supporting male victims of domestic abuse: 01823 334244

Community Housing: 0300 003 5454

HELP support for homeless people in Kidderminster: **07470 949050**

Victim Support following a crime: **0808 1689111**

SEND:

SEND Services: 01905 845579

North Area team: 01905 845134

South Area team: 01905 843125

Email SEND Services general: sen@worcestershire.gov.uk

Email North Area team: SENNorth@worcestershire.gov.uk

Email South Area team: SENSouth@worcestershire.gov.uk

Franche Wellbeing Team



At Franche we know that there are times when life just gets too much. At these times, a bit of extra help can make a huge difference and by working together we can improve outcomes for children, families and communities. The Wellbeing Team at Franche are available to support families at any point in a child's life. Support might relate to early help, parenting, routines, behaviour, attendance support, SEND, mental health and/or wellbeing.

Contact: 01562 751788

Email: safeguarding@francheprimary.worcs.sch.uk

Email: keepintouch@francheprimary.worcs.sch.uk

Our Supporting Families and Wellbeing Newsletter has lots more information and is available on the link below:

Link: [Supporting Families and Wellbeing](#)



Mrs Woodward



Mrs McLean



Mrs Wilson



Miss Caleb



Mr Preston



Miss Plant



Mrs French

2 - The Wellbeing Team

We would like to take this opportunity to wish you are all a wonderful restful summer break.

We are back to school on the 3rd September 2025 so please do get in touch if we can support in any way.