Supporting Families & Wellbeing Newsletter (December 2023)

Mental Health

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Kidderminster Food Bank don't think anyone in our community should have to face going hungry. That's why they provide three days' nutritionally balanced emergency food and support to local people who are referred to them in crisis. The food bank are part of a nationwide network of food banks, supported by The Trussell Trust, working to combat poverty and hunger.

If you need food bank support please contact Paula Woodward or the school office on 01562 751788. Referrals are confidential. You can also access this support through the job centre, citizen's advice, NHS services (including your GP) or social services.

The food bank aim to make sure that no one in our local community has to go hungry, but they do need help to make this happen. Any gift of financial support, time, business partnership or donations of food can make a real difference.

Kidderminster Food Bank, Unit 9, Swan Shopping Centre, Blackwell Street, Kidderminster

1 - Food To Go

Food waste is a big problem! Too good to go is an App that allows you to purchase bags of food, that would have other wise gone to waste at a fraction of the retail cost. There are many participating stores including Costa, Morrisons, Pret, Harvester and Toby Carvery.

More information can be found on the website:

Join the food waste movement at 'Too Good To Go'

Local places to eat free or for £1

- TGI Fridays

- Beefeater (free breakfast)

- Brewers Fayre

- Bella Italia (£1 per child)

Additional Needs

The Hansel and Gretel Support Group is a registered charity providing mutual support and friendship to disabled and special needs children and their families in the Wyre Forest area of Worcestershire (Kidderminster, Bewdley, Stourport and surrounding communities).

We provide the opportunity for families to meet together and share ideas and experiences, build friendships and overcome isolation.

The Hansel and Gretel Support Group