



Spread The Happiness

homemade dough

You need:

- Plain flour (all purpose)  2x Cups
- Vegetable oil  2x table spoons
- Salt  1/2 cup
- Cream of Tartar  2x table spoons
- Boiling water  up to 1.5 cups (adding in increments until it feels just right)
- Food colouring (optional) 
- Glycerine  Few drops (optional - adds more shine!)

Method:

1. Mix the flour, salt, cream of tartar and oil in a large mixing bowl

2. Add food colouring to the boiling water

4. Add the glycerine (optional)

5. Allow it to cool down then take it out of the bowl and knead it vigorously for a couple

3. Stir continuously until it becomes a sticky combined dough

of minutes until all of stickiness has gone.

This is the most important part of the process, so keep at it until it's the perfect consistency!

Flavouring additions:

- Garlic 
- Onion 
- Cocoa powder 
- Grass 
- Lavender 
- Grated carrot 
- Apple 
- Banana... 
- Anything you like!

